## Espresso Based Beverage Recipes

Creating gourmet espresso based beverages at home is extremely simple once you learn the basic recipes. Follow the drink preparation notes below and use them as a guide to create your own specialty drinks.

| Drink Name | Preparation |
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| Espresso | $1-1.5$ ounce shot of coffee brewed at high pressure in $20-25$ seconds. Espresso is the <br> basis for many gourmet coffee specialty drinks. |
| Ristretto | $0.5-0.7$ ounce shot of coffee brewed at high pressure in less than 20 seconds. The <br> ristretto has a very intense flavor that is bolder with more body than a traditional <br> espresso. |
| Lungo | $2-4$ ounce shot of coffee brewed at high pressure for 45-60 seconds. The lungo has <br> more of a bitter taste than espresso as more water is extracting the coffee's flavor. |
| Macchiato | A shot of espresso topped with a spoonful of frothed milk served in a demitasse cup. |
| Espresso con Panna | A shot of espresso topped with whipped cream in a demitasse cup. |
| Espresso Affogato | A scoop of gelato or ice cream "drowned" in a shot of espresso. |
| Cappuccino | A shot of espresso topped with $1 / 3$ steamed milk and $1 / 3$ frothed milk in a large cup. |
| Latte | A shot of espresso topped with $2 / 3$ steamed milk and a few spoonfuls of frothed milk in <br> a large cup. (less frothed milk than a cappuccino) |
| Latte Macchiato | Fill a cup with steamed milk and top with a few spoonfuls of frothed milk. Pour a shot of <br> espresso on top of the foam to "mark" the latte. |
| Caramel Macchiato | Fill a cup with steamed milk and caramel syrup then top with a few spoonfuls of frothed <br> milk. Pour a shot of espresso on top of the foam to "mark" the latte. Add caramel sauce <br> to the top if desired. |
| Mocha | A shot of espresso mixed with chocolate syrup topped with steamed milk. Add whipped <br> cream and cocoa powder to the top if desired. |
| Hazelnut Latte | A shot of espresso mixed with hazelnut syrup topped with steamed milk and a few <br> spoonfuls of frothed milk. |
| Vanilla Latte | A shot of espresso mixed with vanilla syrup topped with steamed milk and a few <br> spoonfuls of frothed milk. |
| A shot of espresso topped with 6-8 ounces of hot water. |  |

To make an iced version of the above recipes, simply use cold milk in the place of steamed or frothed milk.
Never pour hot milk over ice as bacteria can form.

